

# Mawnan CE VA Primary School Newsletter



*Using our God-given gifts to let our light shine*



**Our core Christian Values: *Compassion, Hope, Peace, Perseverance, Respect, Trust***

**Friday 10<sup>th</sup> September 2021 - Newsletter 1**

## Welcome Back!

We have enjoyed a fantastic first week back of our new school year. The children have returned to school amazingly and all of the children have settled in to the new term with ease, excitement, motivation and confidence. They are such wonderful children!

We would like to express a warm welcome to our new families with reception children our new members of Oppie Class have settled into life at Mawnan brilliantly. We would also like to welcome Mrs Moon, who joined the school this week as our new Dart Class teaching assistant. She is a great addition to our talented staff team.

We are hoping to enjoy more freedoms this year and are planning to take the children out on community trips this year. Please could you check your emails and complete the Annual Consent Form. We would like the form completed by Monday 13<sup>th</sup> September please.

Have a great weekend,

## Attendance

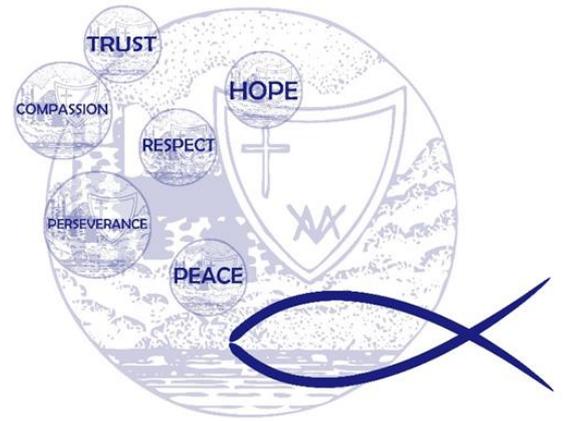
Four classes reached our attendance target of 98% this week. Well done!

Oppie –	98.69%	0 - late
Topper –	99.67%	0 - late
Pico –	96.04%	2 - late
Fusion –	98.98%	0 – late
Dart –	98.61%	1 - late

Well done Topper Class for having the highest attendance this week.

## Collective Worship

We are still not having any whole school assemblies but we have restarted having key stage assemblies. We are starting the year with the value of 'Hope' as well as looking at the Creation Story and preparing for our Harvest Service. We will be acknowledging the week's achievements and giving out certificates in key stage celebration assemblies on a Friday.



## Mawnan Clubs

### Key Stage 1 (Year 1 and Year 2)

Chelsey from Embrace Dance Fitness is very excited to announce that she will be holding a Zumba Kids dance class at school every **Tuesday 3:15pm – 4:15pm**.

This will be booked on a termly basis (6 sessions) starting on Tuesday 14th September.

The price for 6 sessions is **£15 per child**. (£2.50 per session)

How to book your children on to Chelsey's Zumba Kids Club

You will need to register on the Embrace Dance Fitness website, and add your children onto your account.

If you have not registered please follow the below instructions. If you already have an account, please follow from step 4 after logging in.

1. Visit [www.embracedancefitness.co.uk/home](http://www.embracedancefitness.co.uk/home)
2. Scroll down to the book classes section and click Register.
3. Create your account by adding your details.
4. Once complete click profile.
5. Register a payment card if you haven't already.
6. Click My Family.
7. Click Add another account.
8. Add the details of the children you would like to book on to the Zumba Kids course.
9. Email [hello@embracedancefitness.co.uk](mailto:hello@embracedancefitness.co.uk) to book your children's space, stating yours and the children's full name.

**Deadline for signing-up is Friday, 10/09/2021.**

## **Key Stage 2**

We will be offering the following after school clubs to key stage 2 this half term:

**Monday** – Netball with Gill Pascoe for Year 5 and Year 6

**Tuesday** – Football with Rob Phillpott for Year 5 and Year 6

**Tuesday** – Gardening with Zinnia Swanzy and Lucy Heffernan for Year 3 and Year 4. 3:15pm - 4:15pm (spaces are limited).

**Wednesday** – Cricket with Tom Studd for Year 3 and Year 4

We will be emailing a Google form out next week for you to sign up for the key stage 2 clubs and they will all start the week beginning Monday 20<sup>th</sup> September.

## **After School Childcare**

Thank you to all of the parents that filled in our after school club needs survey at the end of the last academic year. We have had enough responses to warrant moving to the next stage and have begun investigating viable options. We will keep you up to date with any developments.

## **Breakfast Club**

Our popular Breakfast Club runs Monday to Friday from 8am and provides the children with a happy and healthy start to their school day. To book a place please email [secretary@mawnanschool.com](mailto:secretary@mawnanschool.com) or speak to Mrs Rawley or Mrs Cattle. It is £3 a session (payable via ParentPay) and will provide your children with an amazing start to the day.

## School Uniform

Thank you for supporting our school uniform policy and sending your children into school looking so smart. Please help us to return lost items of clothes by **name labelling** everything. If it has a name label then it can be returned to your child's peg.

Thank you for supporting our new PE uniform, the children are wearing it with pride and they look incredibly smart. I understand that some parents are awaiting delivery of tracksuit bottoms. If this is the case, please send your child into school in their Mawnan shorts or skorts whilst the weather is warm or in unbranded navy tracksuit bottoms until you receive your order.

## Morning Snack Time

We are a Healthy School and like to encourage the children to eat a balanced and healthy diet so we'd like the children to have fresh fruit and vegetables for a snack if possible. This also helps us to reduce the amount of single use plastic that comes into school. The table below provides you with some guidance. Children in Oppie and Topper Class are provided with a health morning snack through the School Fruit and Vegetable Scheme.

Encouraged	Discouraged
Fruit	Crisps
Veg	Chocolate
	Biscuits
	Cakes
<b>Bars (cereal, dried fruit, malt loaf etc.)</b>	
Some bars can contain a lot of sugar so please check the ingredients carefully.	

Please also make sure that the children have a name labelled water bottle in school and if your child brings a snack in a box please name label this so we can return it.

## Packed Lunch

Please find below some recommendations from the Children's Food Trust on what a healthy packed lunch might include:

### Packed lunches should include:

- at least one portion of fruit and one portion of vegetables every day.
- meat, fish, eggs, or a non-dairy protein (e.g. lentils, kidney beans, chickpeas, houmous, falafel) every day.
- oily fish, such as salmon, at least once every three weeks.
- a starchy food such as any type of bread (white or wholegrain rolls, pitta bread or wraps), pasta, rice, couscous, noodles, potatoes or another cereal every day.
- a dairy food such as milk, cheese, yoghurt or fromage frais every day.
- a drink of water, fruit juice or smoothie (maximum portion 150 mls), semi-skimmed, 1% fat or skimmed milk, yoghurt or another milk drink.

### Packed lunches can occasionally include:

- Meat products such as sausage rolls, individual pies, and sausages.
- Cakes and biscuits, but encourage your child to eat these as part of a meal

### Packed lunches should not include:

- salty snacks such as crisps - instead include seeds, vegetables and fruit with no added salt, sugar or fat.
- confectionery such as chocolate bars, chocolate-coated biscuits, cereal bars, processed fruit bars and sweets.
- sugary soft drinks, such as squash and fizzy drinks (even if labelled as 'sugar-free', 'no-added sugar' or 'reduced sugar' as these drinks can contribute to tooth decay and provide little nutritional value)

## Parking

We are very short of parking spaces around the school. Please do not block the entrance to the school, park on pavements or obstruct the junction. Shute Hill residents have justifiably complained about obstructions caused by parents' cars in the past so please park responsibly or walk if you can.

## COVID-19 Information

We will be continuing to keep our practical and non-disruptive control measures in place to limit the spread of COVID-19, despite it no longer being compulsory from 19 July 2021.

Until further notice our measures are:

1. We will remain in our class bubbles whilst we are in the school building and key stage bubbles will only mix outside. (Further mixing will be introduced gradually when the infection rates drop).
2. We will resume routine and regular handwashing along with good respiratory hygiene.
3. Classrooms will be well ventilated.
4. Staff will be using twice weekly lateral flow tests.
5. Staff will be wearing facemasks in communal areas.

**Please ensure that you play your part and follow our guidance:**

6. **If your child develops Covid symptoms at home, they should stay at home and should book a PCR test (NOT a Lateral Flow Test). If your child develops Covid symptoms at school, they will be sent home and you should book them a PCR test. **If your child tests positive for Covid, they will need to self-isolate. (The rest of the household does not need to self-isolate if they are under 18 or fully vaccinated – but instead should book a PCR test). Please let us know if someone in your household tests positive so we can provide support for you.****
7. Please make use of the lateral flow tests - Twice weekly lateral flow testing should continue for all education staff and all families and households of children attending schools. Please use lateral flow tests over the weekend to test the household before returning to school.
8. Maintain a 2 metre distance from other families and staff whilst at school.
9. Wear face coverings if you are unable to maintain a 2 metre distance whilst on school grounds.

10. Swiftly exit the school grounds and do not gather in groups.
11. Keep the one-way system clear so everyone is able to safely enter and exit the school grounds. To avoid crowding at the end of the day please could we request that you keep to the one-way system and **do not stand by the front gates**. If you are waiting for a KS2 child please stand in a space in the carpark (ideally stand in the same spot every day so your child can find you more easily).



Schools are now required to publish a Covid Outbreak Contingency Plan as well as a risk assessment both documents can be found on the website here: [https://mawnancofeprimary.eschools.co.uk/web/risk\\_assessment\\_and\\_contingency\\_plan\\_/517670/cHJldmllld3x8MjAyMS0wOS0wMiAxND01NTowMw%3D%3D](https://mawnancofeprimary.eschools.co.uk/web/risk_assessment_and_contingency_plan_/517670/cHJldmllld3x8MjAyMS0wOS0wMiAxND01NTowMw%3D%3D)

# Want to see some change at Carwinion Field?

Public meeting at 7pm Monday 13<sup>th</sup> Sept at the MCA Hall to talk through some options.



One option – Lit MUGA  
area surfaced for walking  
netball / football

Come along to have a say in the Field's future – all suggestions welcome

A meeting will be held at the MCA Hall on Monday 13<sup>th</sup> September at 7pm to discuss the future development of Carwinion Field – options for new equipment, extending storage facilities or a Field in Trust dedication to protect the site – everything is up for discussion.