



Mawnan CE VA School Newsletter

Using our God-given talents to let our light shine



Our core Christian Values: *Compassion, Hope, Peace, Perseverance, Respect, Trust*

Friday 14th November 2025

Children in Need – Thank You!

A huge thank you for your incredible support in helping us raise funds for **Children in Need**.

Thanks to your generosity, our school community raised an amazing **£243.31**

This contribution will go a long way in supporting children across the country who need our help. Your kindness and willingness to give truly reflect the spirit of compassion and empathy that we strive to instil in our pupils.

Thank you once again for making a difference!



Family Christmas Lantern Making

More lanterns I hear you say!?

If you would like to make a paper Christmas lantern and to be part of the Mawnan Christmas Lights switch on this year we will be offering a fun crafty workshop in school to come and make your own leaf lantern.

You can come along with your children after school **on Friday 28th November** and make a lantern which you can then take with you and bring to the Parade on 5th December.

(Children that made the beautiful lanterns in wraparound yesterday are welcome to bring those to the parade too! The more the merrier!)

You will need to bring with you :

- a cylinder shaped cheese box for each lantern you want to make (camembert/dairylea box etc.),
- some collected autumnal leaves/pressed flowers/seed heads to decorate
- some greaseproof baking paper (pale/white colour is best - 60cm or so)

Please note children must have an adult with them to help with their making! Better get cheese eating and leaf collecting!

If you cannot attend but would like to make a lantern at home we can share the instructions.

Remembrance Service

On Tuesday morning, Dart Class represented our school with exceptional dignity at the village Remembrance Service. The children's respectful participation was a wonderful reflection of their understanding of this important occasion.

We also held a poignant service in school, where pupils took time to reflect on the significance of remembrance and to honour those who have served.



Mawnan School PTA Film Night – Friday 21st November

The **Mawnan School PTA** is excited to be hosting a **Film Night** for the children on **Friday 21st November!** There will be **two showings**:

- **Early Showing (3:15 – 5:00 pm):** For children in **EYFS and Key Stage 1** (Oppie and Topper).
- **Later Showing (5:15 – 7:15 pm):** For children in **Key Stage 2** (Pico, Fusion, and Dart).

This is a **fundraising event**, and we kindly ask for a **£5 donation per child**. In return, each child will receive a **pizza, popcorn, and chocolates** (vegetarian and vegan options available).

Please ensure your child brings their **water bottle** to help reduce spillages.

Money will be collected **on the door**. The hall will be set up with **gym mats**, and children are welcome to bring **blankets, cushions**, and wear **comfortable clothes**.

- **Oppie and Topper** children attending the early showing will go **straight from their classroom to the hall** at the end of the day. Parents of EYFS and KS1 children **do not need to collect at 3:15 pm** if their child is staying for the film.
- **Entry and collection** will be **via the main office door only**.

Please **sign up via the Google Form** that has been emailed to you, this helps the PTA plan catering and supervision.

The children have voted for the film they'd like to see, and we're delighted to announce that we'll be showing:

Oppie and Topper:



KS2: Pico, Fusion and Dart



Wraparound

Our Wraparound provision is becoming increasingly popular, and the events days have been a huge hit. Recently, the children have made pizzas, protein balls and wraps, decorated chocolate apples, created bracelets, crafted lanterns, and much more. It's wonderful to hear the laughter drifting from the hall, and we're so pleased that so many of our families are enjoying and making use of our after-school Wraparound care.

Bookings:

You can book your child onto wraparound up until 12pm on the same day via Parentpay.



Mental Health Conversation Starters

Talking to children about mental health hard sometimes: even to the point that adults can put off raising the topic, not wanting to unearth problems or discuss overwhelming subjects that we perceive our child is too young or not ready for. Rather than keeping children in the dark, however, this guide is designed to help you confidently talk about mental health, so that youngsters feel comfortable talking about their own worries and end any stigma before it begins.

In the guide, you'll find tips on talking about mental health naturally, being open and honest and asking twice.

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

SUPPORTING CHILDREN'S MENTAL HEALTH

10 Conversation Starters for Parents

Talking about mental health to children is sometimes hard. To the point that we can put off raising the subject, not wanting to unearth problems or raise overwhelming subjects that we perceive our child is too young or not ready for. But rather than keeping children in the dark, this guide is designed to help you confidently talk about mental health, so they feel comfortable talking about their own worries and end any stigma before it begins.

NOS National Online Safety
#WakeUpWednesday

- 1 LISTEN**
This sounds obvious, but it is not something we are always great at. Active listening is where we listen without interrupting or making judgements and shows interest in what is being said. If your child feels listened to in the 'smallest of problems' they will become confident that you will listen when the 'biggest of problems' arise.
- 2 ASK TWICE**
The campaign from time to change is great. <https://www.time-to-change.org.uk/support-ask-twice-campaign>. Be tenacious about your child's wellbeing. Children instinctively know when your questions and support come from a place of wanting to help and care.
- 3 THERE IS NO SUCH THING AS A STUPID QUESTION**
This advice also relates to the first point. If your child can ask you any questions about the smallest of things and you listen and answer without shaming or belittling, then they will have more confidence to ask the biggest of questions.
- 4 BE OPEN AND HONEST**
Children appreciate honesty, particularly if you are having to share information or talk about a difficult subject. For example, you may be talking about death or loss. It's very sad that Nana has died or 'I feel sad that Nana has died'. How you talk about a subject will differ depending on their age and developmental maturity. Talking about death to a younger child for example will be different to that of an older teen, as their experience and understanding of death is different.
- 5 KNOW WHEN TO SEEK HELP**
Assess the severity of the mental health difficulty you are noticing. Is the difficulty making it hard for your child to function regularly throughout everyday life? How frequently is your child affected, how long does it last and how persistent is it? Are they having problems controlling the difficulty? Talk to your child about your concerns and that it is likely they will need further support beyond family and friends.
- 6 TALK ABOUT MENTAL HEALTH NATURALLY**
Speak about mental health as part of everyday life, so that talking about our feelings and those of others is normalised. If the usual 'are you ok?' is not creating an opportunity for dialogue then say something like 'I know when something like that has happened to me I felt like this... is that how you are feeling or are you feeling something else?'
- 7 EMPATHISE**
'It makes sense that you would feel this way, it is understandable'. Children often worry about things that we, as adults, might see as trivial or silly. However, for them at their age and stage it is a big concern and they need our kindness and care when they show their vulnerability and share their worries.
- 8 HELP YOUR CHILD FEEL SAFE**
Teens particularly feel that by talking about their worries or concerns that this will make things worse. Reassure your child that you will discuss a plan of action together and what may or may not need to happen next. If they are a younger child, it is likely you will need to lead the conversation and explain next steps.
- 9 MIND YOUR LANGUAGE**
Be mindful of the language you use at home to describe and talk about mental health. Stigma often arises from misconceptions and a choice of language which is harmful. Using the word 'mental', 'man-up' or other such words in a derogatory way won't encourage your child to talk about their mental health for fear of being belittled.
- 10 IT IS OK TO SAY 'I DON'T KNOW WHAT TO DO NEXT'**
Adults do not have all the answers but often children think they do. It is ok to acknowledge that what your child is experiencing is not something you have come across before or know anything about, but that you will work it out together and seek help together.

Meet our expert
This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.

Sources of Information and Support
Your GP
Young Minds <https://youngminds.org.uk/>
<https://www.nhs.uk/conditions/stress-anxiety-depression/>
<https://www.actionforchildren.org.uk/news-and-blogs/parenting-tips/2016/november/a-simple-guide-to-active-listening-for-parents/>
<https://www.themix.org.uk/mental-health>

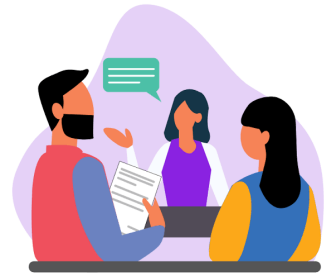
www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 05.02.2020

Parent Teacher Meetings

The meetings will take place in school during the week **beginning Monday 17th November.**

Our meeting week is dedicated time in our school calendar when we cancel all professional meetings and personal plans so please sign up, as we want to ensure that we see everyone. Please also ensure that you attend your meeting on time as lateness impacts on other parents. We are really looking forward to discussing your child's progress with you.



Please note there is a slight change to our enrichment clubs due to these meetings and some clubs will not be running because of staff and room availability.

The following clubs will be **cancelled for that week only:**

Monday: Netball

Tuesday: Dance

Wednesday: Lego Club, Creative Club and Rugby

Thursday: Choir and Cards and Construction Club

Wraparound club will still be operating. Please collect your child from the Fusion Class door, the door round the left of the school near the bins and sheds.

School Photos

Hatchbox Photography came into school yesterday to take our individual and sibling photography. Your children were sent home with their QR code so you can go online and view the images. The initial order window for free school delivery closes on Sunday 23rd November 2025 - this is also when the discount 10% off voucher expires. .

If you have any queries at all or have missing order forms please email photos@hatchboxphoto.co.uk directly or use the contact form via their website – they will ensure you get a prompt reply or support.

You will still be able to order after the deadline but will be subject to postage and packing charge for home delivery, all clearly explained at checkout.

Key Dates to remember 2025/2026

Date	Event
2025	
21st Nov	PTA Movie Night Time: KS1 - 3:15 - 4:45pm / KS2 5:15pm - 7:00pm
17th-21st Nov	Parent Teacher Meetings
28th Nov	Lantern Making for Parade
4th Dec	Christingle Service
9th Dec	KS1 Nativity 2-3pm
10th Dec	KS1 Nativity 6-7pm
16th Dec	KS2 Candlelit Carol Service 6-7pm
2026	
5th March	World Book Day
23rd-27th March	Parent Teacher Meetings
17th – 19th June	Year 4 & 5 Camp to BF Adventure
24th-26th June	Year 6 Camp to Porthpean
3rd July	Sports Day
10th July	Sports Day (reserve day)

Term Dates 2025/2026

Date	Event
2025	
22nd Dec – 4th Jan	Christmas Holidays
2026	
5th January 2026	Return to school
16th – 20th Feb	Spring Half Term
23rd February	Return to school
3rd -17th April	Easter Holidays
20th April	Return to school
4th May	Bank Holiday Monday
25th – 29th May	Summer Half Term
1st June	Inset Day 3
2nd June	Return to School
21st July	Last Day of School
22nd July	Inset Day 4
23rd July	Inset Day 5

Mawnan Smith Christmas Light Switch-On ✨🎄

Join us for a magical evening of festivities down in the square in Mawnan Smith on Thursday 5th December!

The fun kicks off from 5:15pm with the Children's Lantern Parade starting at St Michael's Church, making its way down to the square where the children will sing a few songs around the Christmas tree.

Enjoy an evening packed with festive cheer we've got:



A special visit from Father Christmas (arriving in a brand-new way this year!)



Festive music and a kids' choir



A full barbecue with local hotdogs, sausages, burgers, and festive turkey & stuffing rolls



Mulled wine and mince pies from the lovely WI



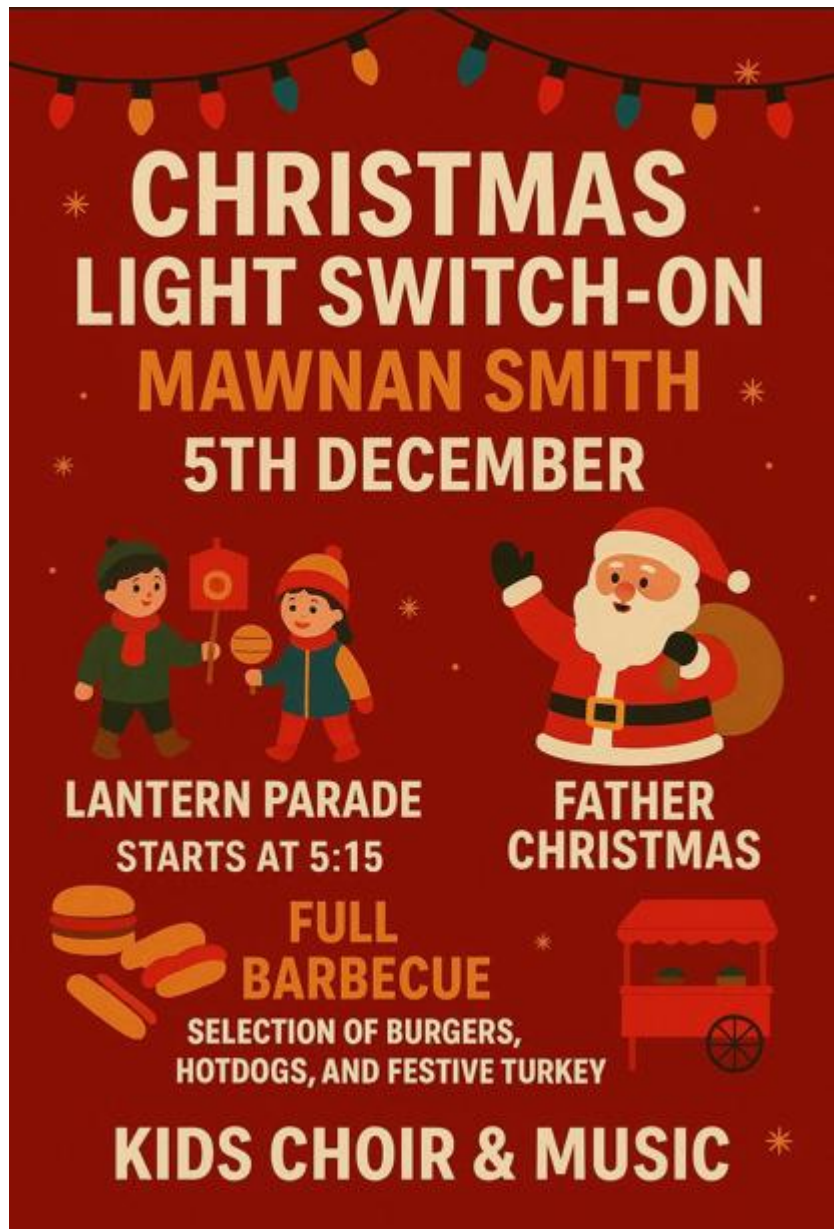
Candy floss, Pick & Mix, face painting, and a drinks tombola



Plus lots more festive fun for the whole family!

We encourage everyone to bring cash, but card readers will also be available this year.

Come and celebrate the start of the Christmas season with us it's going to be a brilliant community night filled with lights, laughter, and festive spirit! ❤️





PINS Coffee Morning

Mawnan School

28 November 2025

9 - 10.30

All Welcome

