

### Break the Rules Day

We've just had our first break the rules day and we loved it! Thank you so much for your generous donations. We raised over £400!

We enjoyed lunch on field, saw some interesting hairstyles and had many young teachers teaching an array of subjects throughout the day. These included phonics, ballet, strength and conditioning, Egyptians, Tudors, times tables, forward rolls and whistling! They were very well prepared and did a fantastic job!!



### **Upcoming Events**

### Please put these dates in your diaries:

July 2022

21<sup>st</sup>: Year 3 Elemental Beach Day 22<sup>nd</sup> Year 6 Leaver's Assembly at 2.15pm 22<sup>nd</sup>: Last Day of Term

September 2022 5<sup>th</sup>: Inset Day 6<sup>th</sup>: Return to School

### Attendance

This week, two of our classes reached our attendance target of 98% this week.

Oppie –	90%	0 - late
Topper –	96.67%	1 - late
Pico –	93.79%	3 - late
Fusion –	100%	0 – late
Dart –	98.57%	0 - late

Well done Fusion Class for having the highest attendance this week.

### **Academic Reports**

You will now have read your child's end of year academic report. If you have any questions then please make an appointment to speak to your child's class teacher next week.

It is a requirement from the government that we include a record of your child's attendance over this academic year and notify you if there is either room for improvement or cause for concern.

We have provided this information for you but we also know that COVID-19 has continued to challenge us all throughout this academic year and has therefore affected the children's attendance at school.

## Year 6

Next week we will be saying goodbye to an extraordinary cohort of very special young people as our Year 6s are moving on to the next chapter of their lives and starting Secondary School.

Year 6 have a fun-packed final week planned and will end the week with their leaver's Service at 2:15pm. We are aiming to have the service outside if the weather is dry and not too hot. Please extend this invitation to grandparents or special people who have been part of the children's primary education journey.

The younger children will have the opportunity to watch the service in the morning to ensure that we have room for our Year 6's family and friends.

# Makaton sign of the week

The sign and symbol of the week is **'Brother'** Knuckles rub as hands move alternatively up and down.





### Fire Service Visit

We were delighted to be joined by Red Watch from Falmouth Fire Service at school this week.

Thank you very much to Giles and all of Red Watch for making the visit so interesting and so much fun. All of the children really enjoyed the experience and they especially liked being able to squirt the hose and being squirted by the hose!





## Heat Wave

The met office has warned that temperatures could hit 43C over the coming days in some parts of the country,



which would make it the hottest day ever recorded in the UK.

School will remain open unless we are instructed to close by the local authority. We will do our best to keep the children cool in school.

You can help by:

- Applying high factor sun lotion at the beginning of the day
- Sending in a water bottle, you could add ice to keep it cool for longer
- Sending in a name labelled sun hat
- all children to wear PE kits as they are loose fitting and lighter

We will be making full use of our shaded areas and will be limiting physical activity.

# Health risks from heat

Children cannot control their body temperature as efficiently as adults during hot weather because they do not sweat as much and so can be at risk of ill-health from heat. Heat- related illness can range from mild heat stress to potentially life-threatening heatstroke. The main risk from heat is dehydration (not having enough water in the body). If sensible precautions are taken children are unlikely to be adversely affected by hot conditions, however, teachers, assistants, school nurses and all child carers should look out for signs of heat stress, heat exhaustion and heatstroke.

# Heat stress

Children suffering from heat stress may seem out of character or show signs of discomfort and irritability (including those listed below for heat exhaustion). These signs will worsen with physical activity and if left untreated can lead to heat exhaustion or heatstroke.

# Heat exhaustion

Symptoms of heat exhaustion vary but include one or more of the following:

- tiredness
- dizziness
- headache
- nausea
- vomiting
- hot, red and dry skin
- confusion

# Heatstroke

When the body is exposed to very high temperatures, the mechanism that controls body temperature may stop working. Heatstroke can develop if heat stress or heat exhaustion is left untreated, but it can also occur suddenly and without warning.

Symptoms of heatstroke may include:

- high body temperature a temperature of or above 40°C (104°F) is a major sign of heatstroke
- red, hot skin and sweating that then suddenly stops
- fast heartbeat
- fast shallow breathing
- · confusion/lack of co-ordination
- fits
- loss of consciousness

# Actions to protect children suffering from heat illness

The following steps to reduce body temperature should be taken immediately:

- 1. Move the child to as cool a room as possible and encourage them to drink cool water (such as water from a cold tap).
- 2. Cool the child as rapidly as possible, using whatever methods you can. For example, sponge or spray the child with cool (25 to 30°C) water if available, place cold packs around the neck and armpits, or wrap the child in a cool, wet sheet and assist cooling with a fan.
- 3. Dial 999 to request an ambulance if the person doesn't respond to the above treatment within 30 minutes.

If a child loses consciousness, or has a fit, place the child in the recovery position, call 999 immediately and follow the steps above until medical assistance arrives.

# **Protecting children outdoors**

During periods of high temperature, the following steps should be taken:

- children should not take part in vigorous physical activity on very hot days, such as when temperatures are in excess of 30°C
- encourage children playing outdoors to stay in the shade as much as possible
- children should wear loose, light-coloured clothing to help keep cool and sunhats with wide brims to avoid sunburn
- use sunscreen (at least factor 15 with UVA protection) to protect skin if children are playing or taking lessons outdoors for more than 20 minutes
- provide children with plenty of water (such as water from a cold tap) and encourage them to drink more than usual when conditions are hot

# **Protecting children indoors**

During periods of high temperature, the following steps should be taken:

- open windows as early as possible in the morning before children arrive, or preferably overnight to allow stored heat to escape from the building – it is important to check insurance conditions and the need for security if windows are to be left open overnight
- almost close windows when the outdoor air becomes warmer than the air indoors – this should help keep the heat out while allowing adequate ventilation
- use outdoor sun awnings if available, or close indoor blinds or curtains, but do not let them block window ventilation
- keep the use of electric lighting to a minimum
- switch off all electrical equipment, including computers, monitors and printers when not in use – equipment should not be left in 'standby mode' as this generates heat
- if possible, use those classrooms or other spaces which are less likely to overheat, and adjust the layout of teaching spaces to avoid direct sunlight on children
- oscillating mechanical fans can be used to increase air movement if temperatures are below 35°C – at temperatures above 35°C fans may not prevent heat-related illness and may worsen dehydration
- if necessary, consider rearranging school start, finish, and play times to avoid teaching during very hot conditions
- encourage children to eat normally and drink plenty of cool water

### **School Uniform**

Thank you for supporting our Mawnan uniform and for sending your children into school looking so smart every day. Logoed uniform can be purchased from Castle Sports either in town or online

https://www.castlesports.co.uk/mawnan-school

All orders need to be placed by **Saturday 6th August** to ensure you receive your uniform in time for the School Year starting.

If your child has grown out of their Mawnan uniform, please pass it on to another family or bring it into school <u>next week</u> so we can pass it on to another family.

### Mawnan School Uniform

Grey knee-length pinafore, skirt, trousers or shorts

Pale blue polo shirt

Navy blue sweatshirt or cardigan with school logo (from Castle Sports)

Grey or white socks or navy or grey tights

Black School shoes (no high boots or open toed sandals)

Navy blue and white gingham dress for summer wear

### PE Uniform - to be worn on PE days

Top : White P.E. shirt with school logo (from Castle Sports) with Mawnan zipped sports top (from Castle Sports)

Bottom: Navy blue shorts (from Castle Sports), Navy blue Skort (from Castle Sports) or Mawnan tracksuit trousers (from Castle Sports)

Footwear: Black, blue or white trainers

### **Reading Challenge**

We are so grateful to you all for the effort and time that you continually put into supporting your child with reading at home.

The children are making excellent progress with their reading because of their engagement with the reading scheme in EYFS and Key Stage 1 and their engagement with the class texts in Key Stage 2. The summer holidays are a wonderful opportunity for the children to continue their reading journey and read a range of texts by taking part in the summer reading challenge.

We'd love it if everyone could have a go!

Now, at the end of year 6, I absolutely love reading and usually find myself gripped to a thrilling book and fluently reading page by page. Mawnan has taught me the importance of reading and offered much more than just becoming more confident and extremely enjoying a good book. The class texts read each half term helped structure and reinforce knowledge in the curriculum, which helped many aspects in other lessons and helping me become a better reader. I have become confident in retrieving answers efficiently and pronouncing words to their fullest.

Here is the information from the library service:

Year 6 child

'The Summer Reading Challenge starts this weekend on Saturday 9th July – and we can't wait! If you know a young person then this is for them! The Summer Reading Challenge, presented by The Reading Agency and funded by Arts Council England, encourages children aged 4 to 11 to set themselves a reading challenge to help prevent the summer reading 'dip'.

Get ready to become a Gadgeteer with the Summer Reading Challenge 2022! To join the Gadgeteers, you need to read library books over the summer and collect stickers to complete your special Gadgeteers poster. It's fun and FREE to take part. This year, The Reading Agency is partnering with Science Museum Group for Gadgeteers, a science and innovation themed challenge that will spark children's curiosity about the world around them. Find out more about Gadgeteers here: https://www.cornwall.gov.uk/libraries-museums-and-archives/libraries/childrenslibrary/

https://readingagency.org.uk/news/media/the-reading-agency-partners-withscience-museum-group-for-innovation-themed-summer-reading-challenge.html

Each year the challenge, delivered with the support of public libraries, motivates over 700,000 children to keep reading to build their skills and confidence. All of the libraries in Cornwall take part in the challenge and are waiting to welcome you and your young people and help with signing up. Pop down to your local library over the summer and join in the fun – for more information on themed activities and events across our Libraries follow us on social media:

### https://www.facebook.com/CornwallLibraries

https://www.instagram.com/cornwalllibraries/

### **Summer Reading Challenge 2022**





# **Supporting Readers at Home**

Open University research suggests there are three important ways to support readers and a love of reading.



Reading aloud to your children shows them reading is a pleasure, not a chore. Older children can read to younger ones too.



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Children who read, and are supported as readers, develop strong reading skills and do better at school.

For more ideas see the OU website: www.ourfp.org Book Chat

I wonder if...why... what...who... Family Reading Time

Book Chats encourage readers. Invite them to make connections and share their views. Join in with your thoughts too!

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together.

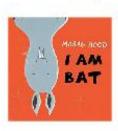
Making time to read

reading stamina and

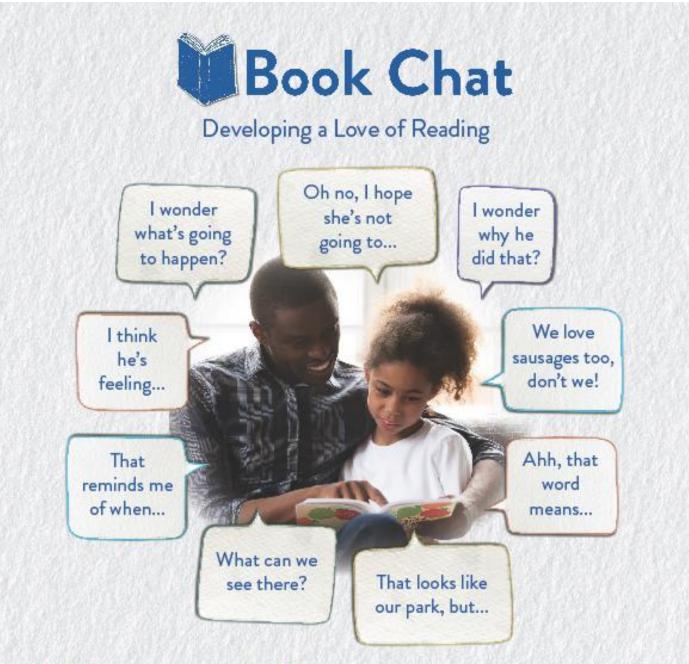
alongside one another

helps develop children's

interest. Let them choose what to read and relax







Book Chat encourages readers. Open questions, comments and prompts get the Book Chat going. Invite your child to make connections and share views. Join in with your thoughts too!

Book Chat develops language, comprehension and pleasure.



For more information visit: bit.ly/RfPHome





Research indicates that parents who regularly read with their children at home lay solid foundations for language and literacy development. It's a precious time for you both to relax, share your thoughts and feelings, have fun and chat together. Whilst sharing books, your child has your undivided attention, and the conversation, connection and enjoyment they experience is invaluable.

To promote children's pleasure in reading and foster the habit, we need to read **to** children and **with** them and to **talk** to them about books. These conversations are crucial as they help children to engage and think deeply.

### There are several ways to prompt book chat, these are our Top Tips.



**Observe and respond:** Pay attention to what captures your child's attention and build on their interests, for example, 'Oh, you've spotted the...!'. **Leave pauses:** So they can look closely and think, this will lead to comments on the pictures or questions. Respond to their lead and let the book chat flow.

**Pose questions:** Open questions encourage thinking and discussion, such as, 'How do you think the boy is feeling?'. Try to avoid closed questions, such as 'What colour is that?'; these have a single answer and don't keep the conversation going. **Draw attention to illustrations:** Encourage your child to notice details in the pictures and think what they might mean, for example, 'Look! What's that hiding, what do you think it might be?'.

Ponder and wonder: Encourage your child to think about what might happen, using phrases such as, 'I wonder if/whether /who/why/what ...'.

Make personal connections: Picture storybooks not only allow children to empathise with the experiences of fictional characters but enable them to make sense of events in their own lives. Talk about connections, for example, *That reminds me of when...*'.

**Comment on your feelings:** By sharing your emotional response to a character or something that's happened you encourage your child to do the same, helping them engage and learn to express their emotions.

Your combined pleasure counts: Bring the story to life with facial expression, actions and sounds, encouraging your child to join in! Do offer information to help with unfamiliar words, such as 'That's the hencoop, it's where the hens live', but keep the focus on fun.



Book chat develops language, comprehension and pleasure



### **Internet Safety**



# **Online resources** for parents & carers

Childnet have a dedicated area to support parents and carers with information on key online safety topics, advice and activities to share with your child. www.childnet.com/parents-and-carers

### 1. Key advice from us

#### Hot Topics

Information on key online safety topics including advice and conversation starters for children of different ages. childnet.com/parents-hot-topics

Need Help?

Support and information on what to do if you think your child is at risk online.

childnet.com/parents-help

#### How to make a report

Advice for adults and young people on the reporting tools for popular games, apps and social media platforms. childnet.com/how-to-make-a-report

### **UK Safer** Internet Centre

### Advice centre

health care professionals and more. services and messaging apps. saferinternet.org.uk/advice-centre saferinternet.org.uk/safety-tools

Safety tools on social networks & Advice centre with tips, guides and other online services resources for parents and carers, adoptive parents, foster carers,

### 2. Reviews and tools

#### Net Aware

Online guide with up-to-date advice and parents' views on popular apps, games and online platforms. net-aware.org.uk



Expert reviews, advice and age appropriate recommendations on games, apps, films and more. commonsensemedia.org

internet matters.org

Step-by-step guides for using parental controls and privacy settings alongside support on a range of online safety topics. internetmatters.org



### 3. Get help and support

#### For parents / carers

NSPCC Free support and advice for adults concerned about the safety or wellbeing of a child. 0808 800 5000 nspcc.org.uk

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Free online safety support and tech advice. 0808 800 5002 nspcc.org.uk/onlinesafety

### family f lives

Free, professional, nonjudgmental support and advice. 0808 800 2222 familylives.org.uk

# YOUNGMINDS

Free, confidential, expert advice on how to support young people's mental health & wellbeing. 0808 802 5544 youngminds.org.uk

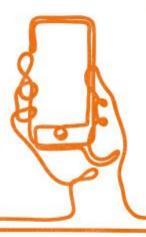
### For children

### childline Providing help and support for under 18s.

0800 11 11 childline.org.uk

# THE MAN

Providing help and support for 13–25 year olds. 0808 808 4994 themix.org.uk



### 4. Get specific advice

#### Childnet

From screen time and cyberbullying to gaming, we have practical advice on key topics. childnet.com/parents-hot-topics

#### **Digital Parenting**

Free online magazine, resources and articles on online issues. vodafone.co.uk/digitalparenting

#### Ask About Games

Advice and online guides about gaming and PEGI age ratings. askaboutgames.com

#### Phone Brain

Information about paid for services such as premium rate numbers and in-app purchases. phonebrain.org.uk

#### Get It Right From A Genuine Site

Find out which sites are legal for streaming and downloading films, music & games. getitrightfromagenuinesite.org

### Make a report

Child Exploitation and Online Protection Command (CEOP) A police agency tackling child sexual abuse and online grooming. Their two websites include an online reporting tool and advice and activities for parents and children.

#### To make a report: ceop.police.uk

For advice & activities: thinkuknow.co.uk

#### Internet Watch Foundation

(Part of UK Safer Internet Centre) The IWF work to remove online images and videos of child sexual abuse. Their online reporting tool can be used to anonymously report criminal content of this kind. Iwf.org.uk

#### Report Harmful Content Online

Part of UK Safer Internet Centre) Advice on how to respond to harmful content online, this tool also allows visitors to query inadequate reporting responses from other services. reportharmfulcontent.com

#### True Vision

Information about hate crime and incidents and advice on how to report it in England, Wales and Northern Ireland. report-it.org.uk

Action Fraud

National reporting centre for fraud and cybercrime in England, Wales and Northern Ireland. actionfraud.police.uk

#### Childnet Want to stay up to date? International Sign up to our newsletter at www.childnet.com



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V.08.19



There is a huge range of activities for children aged 3-16, and our popular SuperCamps are FREE for all children eligible for free school meals. These pupils can obtain their code

via www.cornwall.gov.uk/time2move which they can then use on our website

- <u>www.myedventure.co.uk</u>. Parents can also pay using childcare voucher schemes if they contact us directly.



# 12:00 Noon Saturday 6th August 2022

Fancy Dress: "Under the Sea" Judging 1.30ish – 10 yrs & under & 6 yrs & under Sand Castle Competition – 10 years & under

BBQ from 12.00 Swimming Races Rowing Races Beach Events Land & Sea Races Face Painting Cake Stall RNLI Display Live Music from 9.00pm "3 Minute Warning"





# **9**

 All exhibitors' entry forms to be delivered to the show secretary, Mrs C Toland at 5 Field Place, Mawnan Smith TR11 5JE by Monday 5<sup>th</sup> September.

GUIDELINES FOR EXHIBITORS

- 2. Separate entry forms to be used for each person entering.
- All entries other than cookery and flowers must be at the Mawnan Memorial Hall between 6pm and 8pm on Friday 9<sup>th</sup> September. Cookery and flowers to be at the hall between 7.30am and 9am on Saturday 10<sup>th</sup> September.
- Judging will start at 9.30am on Saturday. All judges are external to the village.
- Each category/class entry will cost 50 pence; children's entries are free. Please pay in cash when bringing your entry to the hall. Payment of entry fees does <u>not</u> entitle the exhibitor to free entry into the show.
- Lunch and refreshments will be available from 12.30pm. Prize giving will be at 3pm followed by the auc on of exhibits.
- All craft items must be made by the exhibitor, must be new and unworn and should not have been previously exhibited.
- All preserves must be in plain 1lb/564gm jars, no screw lids instead use fabric or paper covers, labels dated and ingredients listed. When filling, the jar must be filled to the rim to allow shrinkage and a waxed paper seal placed on top of the preserve.
- It is the responsibility of all exhibitors to present items according to exhibit on regulations. All queries should be addressed to the show secretary.

### ENTRY FORM FOR

### MAWNAN VILLAGE AUTUMN SHOW 2022

EXHIBITOR NAME:....

TEL NO/EMAIL:....

CATEGORIES	DESCRIPTION OF EXHIBIT (State size where required)	ENTRY FEE 50P PER ENTRY CHILDREN FREE
	Total amount paid	

Only one entry per person in any class.

Please use a separate entry form for each person exhibiting. All entry forms to be delivered to Mrs C Toland, 5 Field Place, Mawnan Smith TR11 5JE by Friday 5<sup>th</sup> September 2022